

WELCOME TO OUR

# Monthly Newsletter

*we're so glad you're here!*

## Hello, September!



As the monsoon slowly fades and autumn begins to whisper its arrival, September brought with it both challenges and blessings at Sneha's Care. From lifesaving rescues and tireless treatments to heartwarming visits and acts of kindness, every day reminded us why compassion matters. This month also marked our commitment to building a rabies-free community through our Anti-Rabies Vaccination Campaign, spreading hope not just for animals but for people too. September was a month of love in action — proving once again that together, we can create a kinder world.



# Expanding Vegan Choices in Kathmandu!



Vegan bakery options in Kathmandu are still limited – but we're working to change that! To bridge the gap, Sneha's Care organized a Three-Day Vegan Bakery Training (Sept 17–19, 2025) at Utpala Café, Boudha. With 28 passionate bakers and food professionals from across the city, the training introduced a wide range of plant-based creations like Vegan Cheesecake, Sisno (Nettle) Cake, Banana Vegan Chocolate Cake, Vegan Carrot Cake, Caramel Vegan Nuts Cake, and even plant-based dairy alternatives like soy milk and soy yogurt.



Through demonstrations, tastings, Q&A sessions, and knowledge sharing, participants not only enhanced their baking skills but also embraced the values of sustainability, health, and compassion. The program concluded with a certificate ceremony graced by our Founder, Ms. Sneha Shrestha, and Mr. Deepak Bohara, Managing Director of Utpala Café, who encouraged participants to bring more vegan options into Nepal's hospitality sector.

Together, we are making vegan choices more accessible, delicious, and cruelty-free for all. 🌱🐾



# Rabies Awareness Month 2025

"ACT NOW: YOU, ME, COMMUNITY,"



September is globally observed as Rabies Awareness Month, a time to unite communities against one of the deadliest yet preventable diseases. This year's theme, "**Act Now: You, Me, Community,**" reminds us that rabies elimination is possible only when we all take responsibility.

In anticipation of World Rabies Day, Sneha's Care, in collaboration with Lalitpur Metropolitan City, launched a week-long Mass Anti-Rabies Vaccination Campaign across wards 12, 16, and 18. Hundreds of dogs were vaccinated, protecting not only their lives but also the health and safety of the entire community. Together, through awareness, action, and compassion, we move one step closer to a rabies-free future.



# HIT & RUN CASE

## WHEN WILL THIS STOP?



We were recently informed about yet another heartbreaking hit-and-run case involving an innocent dog. Our team immediately reached the location. CCTV footage clearly shows the negligence and high speed of the driver who didn't even stop to check on the dog they hit. No pause. No remorse.

Thanks to the kindhearted local community, the injured dog was kept safe until we arrived. When we reached, the dog was in severe trauma and unable to stand up. The impact was so brutal that we suspect a possible spinal fracture. The dog is now under our care at the shelter, receiving immediate medical attention. We will soon conduct an X-ray to confirm the extent of the injury and begin proper treatment.



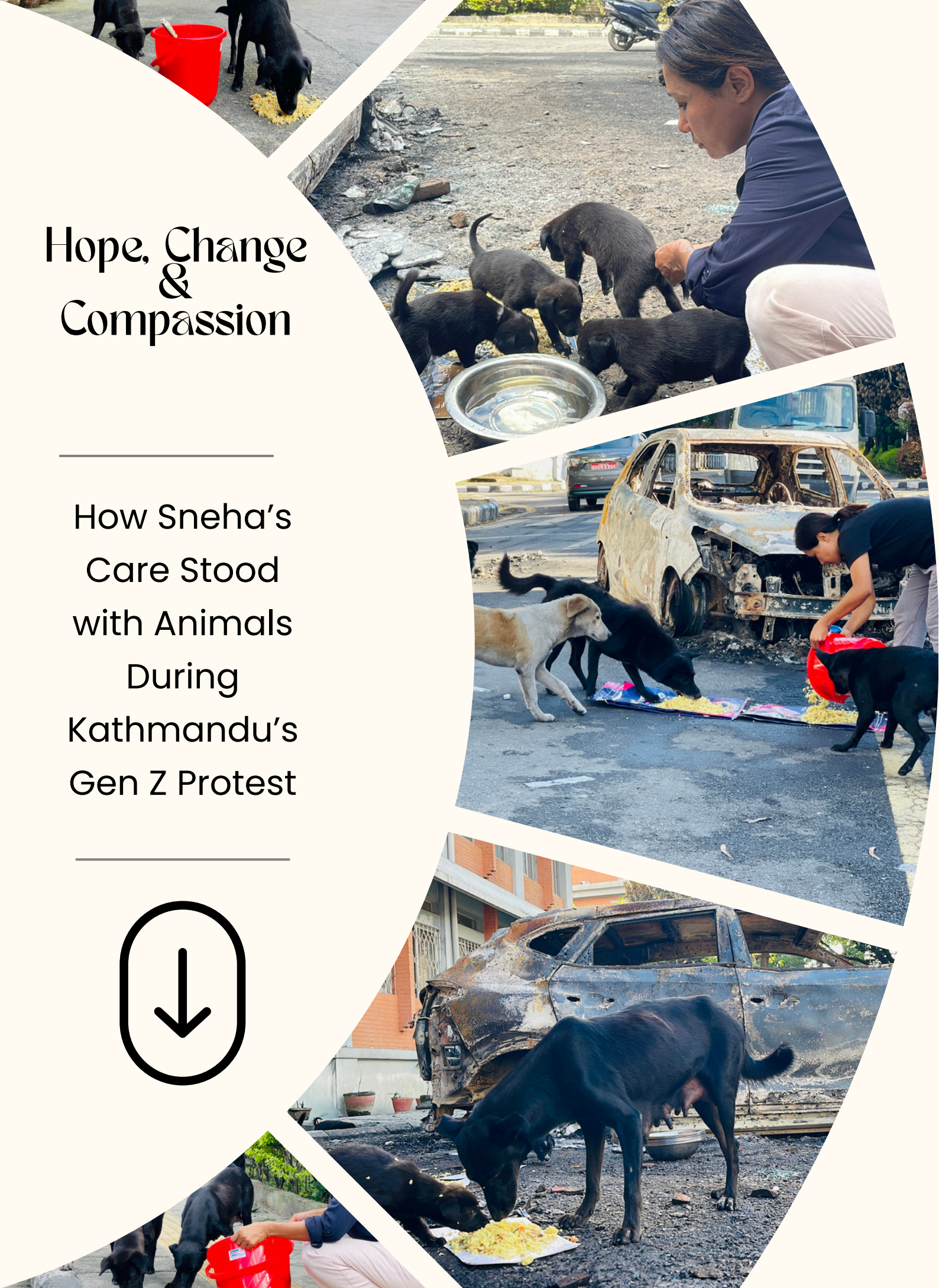
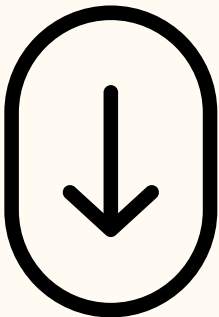
We are actively working to identify the driver and take legal action. But this is not a one-off incident. Every single day, we receive 10-12 calls reporting similar hit-and-run cases, where innocent animals are left suffering on the streets.

This must stop. Speeding is not fun. It is fatal. Your few seconds of thrill can destroy a life ... sometimes forever.



# Hope, Change & Compassion

How Sneha's  
Care Stood  
with Animals  
During  
Kathmandu's  
Gen Z Protest







During the recent Gen Z protest in Kathmandu, young people came together to raise their voices against corruption, showing the power of unity and courage.

While the streets filled with chants for change, Sneha's Care stepped in to ensure that the innocent soul were not forgotten.

Amid the chaos, curfews, and closed shops, hundreds of street animals were left without food and care. Our dedicated team went out daily to feed dogs in major protest areas, ensuring they did not suffer in silence. In moments when people fought for a better tomorrow, we reminded everyone that compassion must extend to all beings.

The Gen Z movement has shown us that real change starts when communities act together. At Sneha's Care, we believe the same: a just and humane society is built when no one, including animals, is left behind.





# GenZ's Journey From Streets to Safety



GenZ, a sweet female dog, was recently rescued by Sneha's Care from Singha Durbar during the GenZ protest against corruption.

Our team ensured she was safely brought to the shelter, where she is now receiving love, care, and a safe space to recover from her pain.

Even in times of protest and unrest, we continued to stand with animals because their lives and safety matter too.







# MOBILE TREATMENT TEAM IN ACTION





# MOBILE TREATMENT

Despite facing resource constraints, we remained determined and successfully treated more than 27 dogs with various health issues, including hit-and-run injuries and skin infections. From addressing urgent calls to going into the field to treat and rescue animals, our team has been working wholeheartedly to make a difference.





# FROM DARKNESS TO SAFETY: TOFU'S JOURNEY ❤️🐾



In the middle of a rainy street, a blind and frightened dog stood helpless, with nowhere to go. That was the heartbreaking sight our team encountered when we were informed about Tofu, a dog left completely vulnerable due to cataracts that have taken away his vision.

Rescuing him wasn't easy, he was scared and hesitant. But with patience and gentle care, we were finally able to bring him safely to our shelter. Today, Tofu is surrounded by warmth, love, and comfort, slowly learning to trust again and finding safety in his new home.

Tofu's story is a reminder of why we do what we do: every life matters.

With your prayers, support, and kindness, we can give Tofu the safe and happy life he deserves.

Together, we can turn moments of despair into stories of hope. ❤️







# BUILDING A GENERATION OF ANIMAL LOVERS







We had the heartwarming opportunity to visit Himalayan White House IB World School and interact with the bright and enthusiastic students of Class 2. Our visit was all about sharing who we are, what we stand for, and why animal welfare is so important. Through simple stories, fun interactions, and heartfelt conversations, we tried to plant the seeds of empathy, kindness, and love towards animals in these young, impressionable hearts.

The children were not only attentive and curious but also incredibly thoughtful in their responses. Watching their eyes light up while talking about animals reminded us exactly why we do what we do. We're so grateful to Binu Ma'am for warmly welcoming us and helping coordinate everything so smoothly. Her support made this meaningful exchange possible, and we're truly thankful for the opportunity.





Heartfelt Thanks to Our  
September Visitors



# GONE BUT NEVER FORGOTTEN



*Jasmine*



*Barfi*



*Pluto*



*Khair*





Be the reason a rescued animal feels love  
again.

**Join us as a Volunteer !**





# Participation in workshops towards humane treatment of animals during festivities



On September 9, 2025, Department of Livestock Services and the National Livestock Resource Management and Promotion organized a meeting with an objective of humane treatment of animals during festivities.

In this meeting, Sneha's Care played a crucial role in advocating against the animal cruelty that can be witnessed during live animal transportation.

In addition, Sneha's Care has requested concerned authorities; Animal Quarantine and Traffic Police to monitor the vehicles whether the live animal transport standard has been properly followed or not.





## Shelter Residents Update



0



19



7



158



7



9



1

## Shelter Activities



Mobile Treatment 27



Anti-Rabies Vaccination 155



Short/Long treatment 14



OPD Cases 16



Rescue 8



Released back 6

See you in October