

# ANNUAL REPORT

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2025

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# A MESSAGE FROM THE FOUNDER

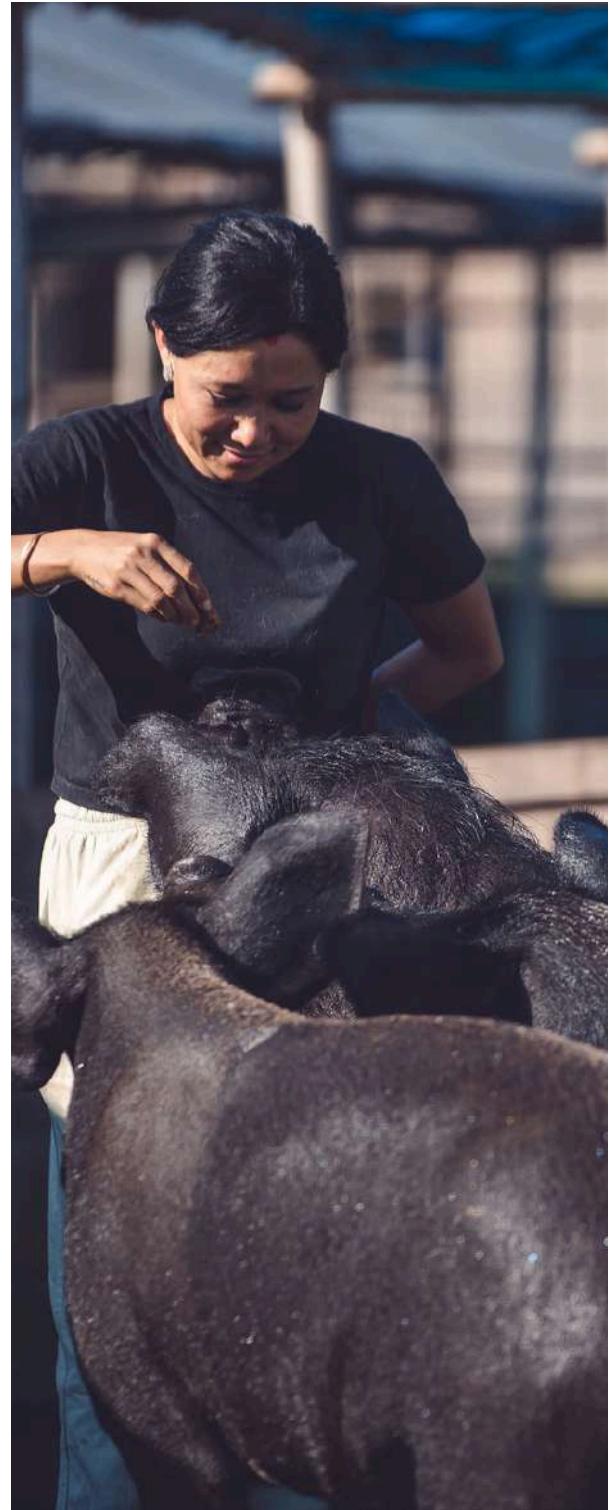
"Sneha's Care began from a personal loss that became a mission to protect animals. My beloved dog Zara was tragically taken by poisoning. Her loss was heartbreak, yet it became the spark that turned grief into determination and sorrow into purpose.

What started as feeding community dogs soon revealed a harsh reality. Animals across Nepal face neglect, suffering, and lack of protection. Determined to make a difference, I founded Sneha's Care, a sanctuary built on empathy, action, and responsibility.

Initially focused on community dogs and farm animals, our work has grown to raise awareness, advocate for better laws, and protect all animals from cruelty. Today, we provide safety, medical care, and love to over 200 animals. Every life we save reminds us that animal welfare is not charity but responsibility.

None of this would be possible without our volunteers, donors, partners, and supporters. Your trust and dedication are the pillars of our mission. Together we show that compassion, guided by action, can create lasting change.

Looking ahead, our vision remains clear. We dream of a society where animals are protected, respected, and treated with humanity. Every life matters, and together we can build a kinder, more just world for all living beings."



# EXECUTIVE SUMMARY



In 2025, Sneha's Care continues to be a beacon of hope, compassion, and transformation for animals across Nepal. Our journey began in 2015 with a simple mission to care for abandoned dogs, and over the years, it has grown into a comprehensive effort to safeguard animals in homes, communities, and farms. Our mission is clear: to protect every life, nurture well-being, and inspire a world where kindness guides every action.

Since 2017, we have promoted veganism, sharing the benefits of a plant-based lifestyle for health, the environment, and animal welfare. This vision led to Nepal's first vegan sanctuary, a milestone achieved through the generosity, trust, and dedication of our donors, volunteers, and supporters worldwide.

In 2025, thousands of animals benefited from our vaccination, spay and neuter, and medical care programs. Our educational workshops, community initiatives, and awareness campaigns encouraged hundreds to embrace compassion and conscious choices. Through advocacy and legal engagement, we continue to shape policies and societal attitudes to ensure animals are treated with dignity and respect.

Beyond care, our work drives lasting change. From dog population management and anti-rabies campaigns to rescuing abandoned cows and calves, providing mobile treatment services, and advocating for higher farm welfare standards, every effort reflects our commitment to creating a safer, kinder world for animals.

Sneha's Care invites everyone to join us on this journey, working together to build a future where every animal is loved, valued, and protected.

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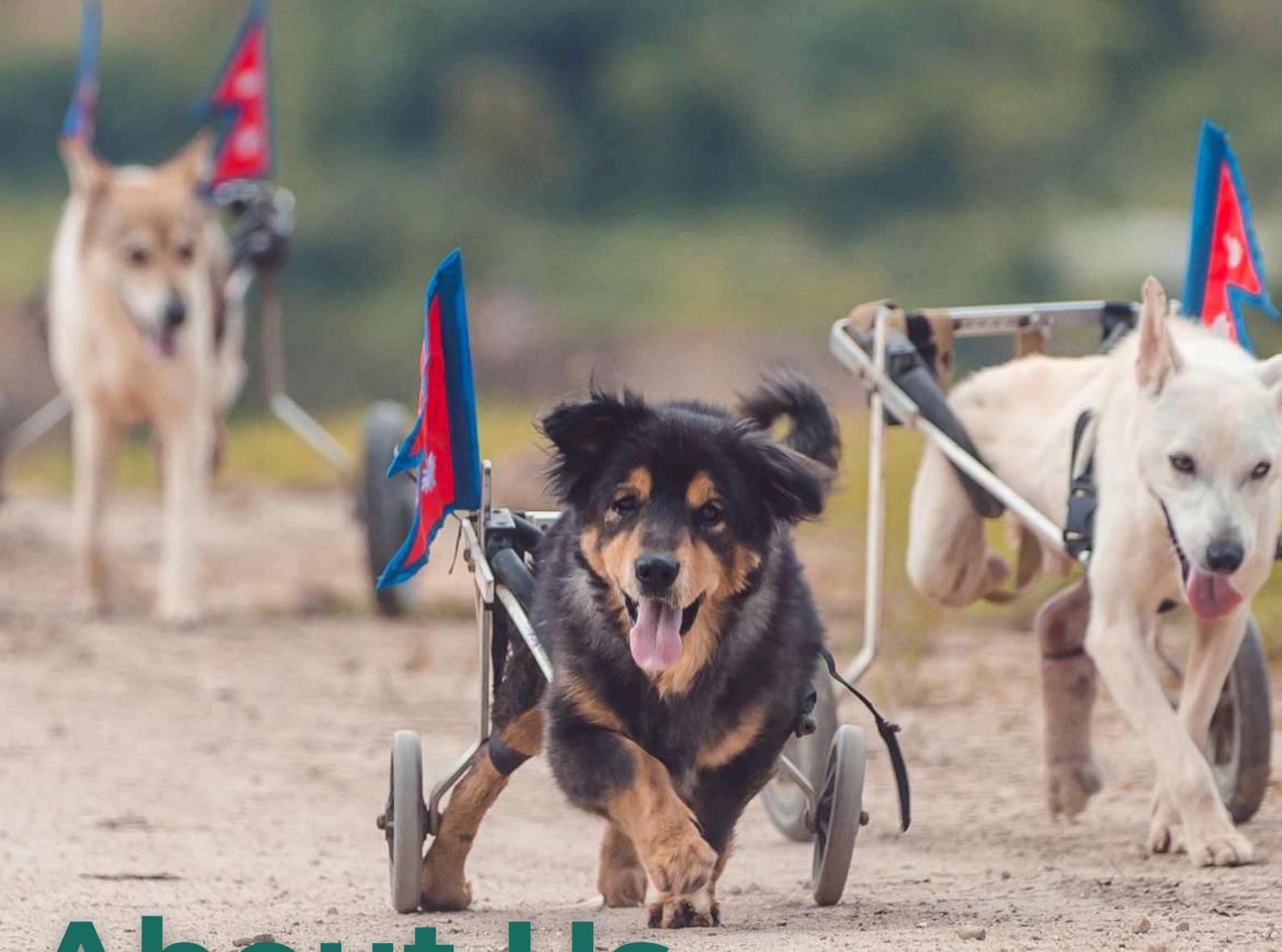
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# About Us

Established in 2015, Sneha's Care has grown into a leading voice for animal welfare in Nepal, dedicated to fostering love, compassion, dignity, and respect for all living beings. Our journey began with a simple mission to protect vulnerable and abandoned animals, and over the years, it has evolved into a comprehensive effort to safeguard animals across communities, farms, and natural habitats. Based in Lalitpur, we actively rescue, rehabilitate, and provide shelter to injured, sick, and abandoned animals, offering them safety, care, and a second chance at life.

Guided by our unwavering commitment to animal welfare, Sneha's Care has expanded its initiatives beyond immediate rescue and care. We focus on responsible dog population management, the protection and well-being of farm animals, working animals, and wildlife, and the promotion of humane practices in all areas of human-animal interaction. As Nepal's first vegan organization, we are deeply committed to a cruelty-free ethos, encouraging a lifestyle rooted in compassion, sustainability, and respect for nature.

Our work goes beyond day-to-day care. We respond to animals in emergencies and disasters, ensuring their safety and survival. We advocate tirelessly to end live animal transport and promote humane transportation practices. Additionally, we lead awareness campaigns on veganism and animal rights, educating communities and inspiring individuals to embrace compassion in their choices. Every program, every rescue, and every initiative reflects our belief that animals deserve dignity, care, and protection, and that a society's true progress is measured by how it treats its most vulnerable members. Through our comprehensive and evolving efforts, Sneha's Care continues to build a future where every animal is valued, every life is protected, and compassion guides the way forward.

A woman with dark hair tied back, wearing a red sari with a patterned border and a red dupatta, is sitting on the ground. She is petting a brown cow lying in a pile of straw. She has a tattoo on her left forearm and a beaded bracelet on her right wrist. The background is blurred, showing some greenery and a building.

"Compassion is not just a lesson we learn from each other. I have learned the truest form of love and kindness from the animals I care for. They show me patience, trust, and the beauty of every life."

- Sneha Shrestha

# Our Mission

Sneha's Care advances the vision to build a humane community that promotes compassion through the humane treatment of animals, humane education, and community service. Our mission has always been to save animals by providing them the life they deserve and improving the conditions of their existence whether they are ill, injured, or abandoned.



# Our Vision

Our vision comes from our view that every life is worth genuine concern. Our approach is simple. By giving quality pet food, medical equipment, treatment, and other resources to assist these creatures to recover their life and find their forever family, we aim for the better life of animals in shelters. Everyday we live through our mission. All the individuals working in the organization share the same goal, who want to save lives, are devoted to working with compassion and care. We are dedicated to providing it to our animals as courageous protectors of our world.

# OUR OBJECTIVES

- Strengthening the animal protection movement and advocate for the introduction of animal welfare law in Nepal.
- Preserving the human-animal bond and educate, inspire and empower people to promote compassion for animals.
- Ending animal suffering through compassionate action and enforce the best standards of care for all animals.
- Developing and promoting animal welfare research initiatives and ethical animal standards that will support in improving the welfare of animals.



# The Team Behind Sneha's Care

## Founder

The visionary leader who established the organization and continues to guide its mission and values.



## Board Members

Providing leadership, direction, and oversight to support the organization's mission



## Administrative Team



## Project Officer

The one who ensures our projects create meaningful and lasting change in animals' lives.



## Communication & Fundraising officer

Connecting hearts to our cause and inspiring support for animals in need.



## Accountant

Managing finances to ensure transparency and sustainability.



## Communication officer

Sharing stories, spreading awareness, and connecting people to our cause.

## Office Helper

Ensuring the staff are wellfed and the workspace is clean and welcoming.

# Shelter Team



## Veterinarian

Providing expert medical care and ensuring the wellbeing of every animal.

## Shelter Manager

The one who ensures the shelter operates seamlessly every day.



## Vet Technicians

Delivering hands-on care and ensuring the health of the animals.



## Shelter Helper

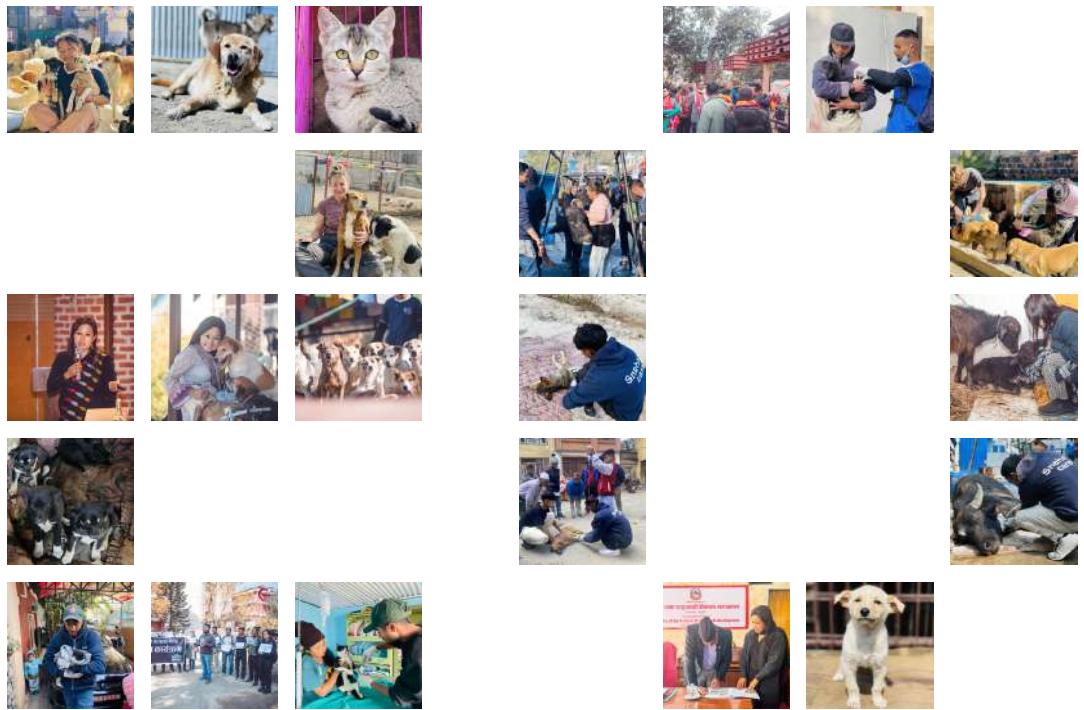
Keeping the shelter clean and comfortable for its furry residents.

**Ambulance Driver**  
Responding swiftly to emergencies and ensuring animals are transported safely.

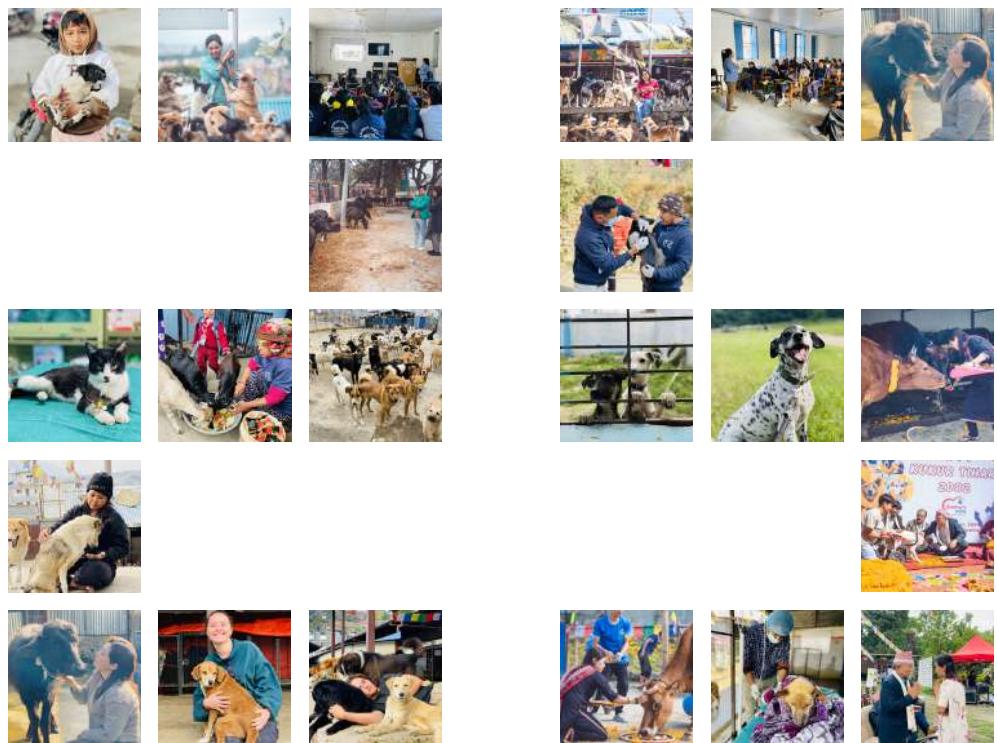


## Photographer

Telling the stories of our animals through impactful and heartfelt visuals.



# Major Activities



# What we do ?

Veganism Promotion

ARV and ABC campaign

Humane and vegan education  
program

Mobile Treatment

Vegan Chef Training

Community dog rescue, care  
& rehabilitation

Advocacy and campaign

Animal in Disaster

Farm Animal Welfare

Captive and wildlife animal  
welfare program

Ban Live Animal  
Transportation

Working Animal Welfare  
Program

# Mobile Treatment

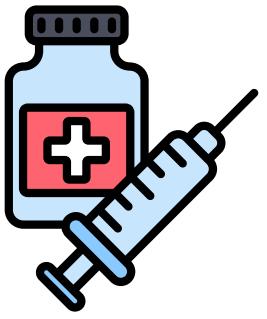
The major cases handled this year included hit-and-run injuries, severe skin diseases, Transmissible Venereal Tumor (TVT), tumors, maggot-infested wounds & many more. All treatments were carried out through our mobile unit, requiring constant follow-up and monitoring to ensure proper healing and recovery. These cases demonstrate the importance of ongoing care and attention, even without bringing the animals into a shelter.

345

Animals  
Treated



# ANTI RABIES VACCINATION



5886

Vaccinated



In 2025, Sneha's Care continued its commitment to the global goal of ending rabies by 2030 through regular vaccination and community involvement. Rabies is a deadly but preventable disease that mainly affects free-roaming animals and vulnerable communities.

Our Anti-Rabies Vaccination (ARV) focused on protecting community dogs and reducing the risk of rabies transmission to humans. During the year, these programs were carried out in Kathmandu Metropolitan City and through mass vaccination drives in several wards of Lalitpur Metropolitan City.

Through consistent vaccination and responsible animal population management, Sneha's Care remains dedicated to improving public health and working toward a rabies-free Nepal.



## THE DRIVERS OF OUR EFFORT

- Kathmandu Metropolitan City
- Lalitpur Metropolitan City
- Local Government
- Chance for Nepal
- Our own initiative



# Animal Birth Control Campaign (ABC)

Sneha's Care has been actively working in community dog population management since 2015.

We followed the humane Catch—Neuter—Vaccinate—Release (CNVR) approach, which involves safely catching community dogs, bringing them to the shelter for sterilization and rabies vaccination, and returning them to their original locations within three days. A small V-shaped notch on the left ear was made to clearly identify animals that had been sterilized.



## 2,958 Lives

## Sterilized

During the year, Sneha's Care successfully sterilized 2,958 community dogs and cats across different areas of the Kathmandu Valley and Lalitpur District. These efforts have contributed to better population control, improved animal welfare, and a reduction in the spread of disease within communities.

# Rescue and Rehabilitation



Total  
109  
Animals  
Rescued

While it is not always possible to rescue every animal, Sneha's Care prioritizes cases that require urgent, 24-hour medical attention and cannot be managed within the community. Rescued animals are provided with proper treatment, rehabilitation, and sterilization.

Whenever possible, we work to find them permanent homes; if adoption is not an option, animals are safely returned to their original communities. No dog is ever released without sterilization, as humane population control remains a core principle of our work.



Some cases involve animals who have suffered life-altering injuries, such as paralysis caused by road accidents. These animals are given permanent shelter and lifelong care at Sneha's Care. Although the majority of our cases involve dogs, we also respond to emergencies involving other animals. Abandoned male calves, injured cows, and animals suffering from hunger, cold, or accidents are regularly rescued and provided with safety, medical care, and compassion.





9 dogs  
Rescued

Rabies remains a critical public health concern with the potential to escalate into outbreaks if not managed promptly and responsibly. During the reporting period, Sneha's Care responded to multiple rabies-suspected cases, prioritizing immediate intervention to reduce risks to both animals and community members. Each case was approached with strict adherence to safety and welfare protocols, ensuring controlled handling, isolation, and continuous monitoring where required.

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# Handling Rabies Suspected Cases

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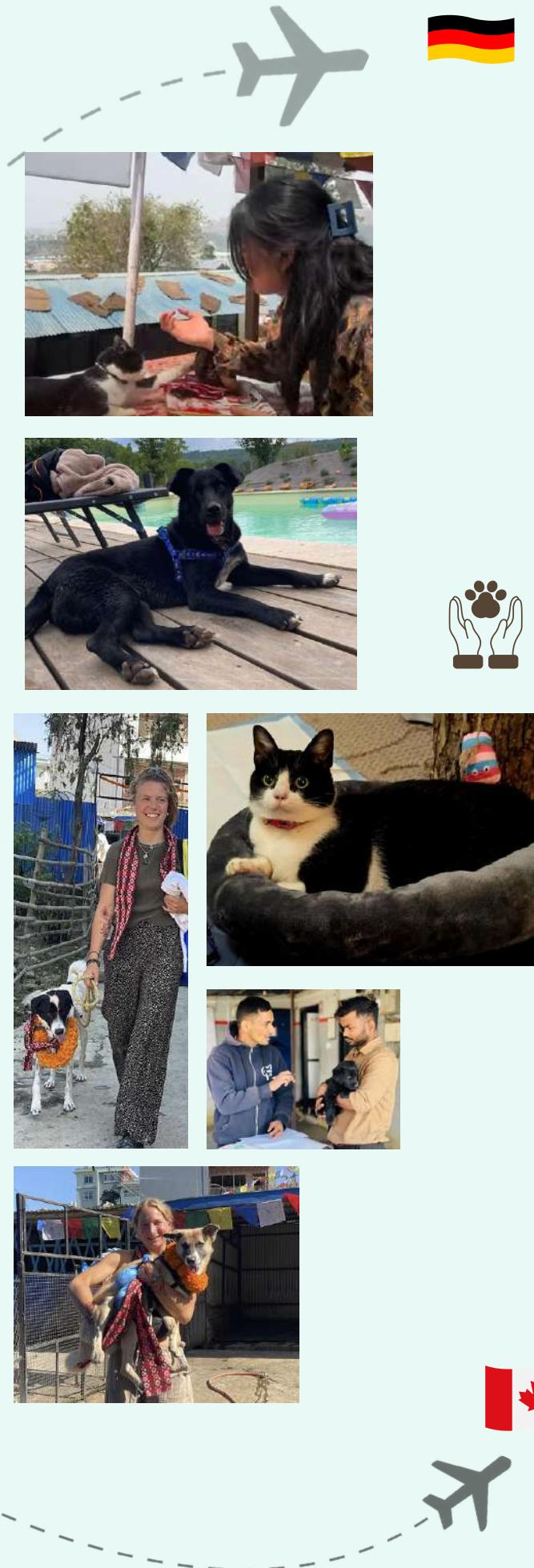
# TICK AND FLEA TREATMENTS



External parasites pose a significant yet often underestimated threat to animal health and overall community safety. Uncontrolled tick and flea infestations can lead to secondary infections, chronic skin conditions, and the spread of serious diseases affecting both animals and humans. Addressing these risks requires consistent prevention rather than reactive treatment.

Throughout the year, Sneha's Care implemented systematic parasite control measures for both shelter residents and community dogs. By prioritizing routine care, early intervention, and sustained monitoring, we worked to minimize infestation levels, improve animal comfort, and reduce the risk of disease transmission. These efforts reflect our commitment to preventive healthcare as a cornerstone of long-term animal welfare and public health protection.

# 11 lives found home in 2025



There is a quiet magic in watching a frightened animal slowly open their heart, in seeing them learn to trust, play, and love again; it is a reminder that healing is always possible when patience and compassion guide the way.





# INSIGHTS INTO PROJECT 2025

# VEGAN EDUCATION

The project aimed to educate non-vegan students on the benefits of plant-based diets for health, the environment, and animal welfare. Through a school outreach program, it included informative sessions, Q&A rounds, and impactful videos on animal cruelty. A compassion club was formed, and participants and parents toured a shelter and animal farm, receiving complimentary vegan meals. Objectives encompassed fostering empathy, raising awareness of ending animal cruelty and adopting veganism, and providing knowledge on plant-based diets.



# COMPASSION DRIVEN PLANT-BASED EDUCATION SESSIONS



Our mission is to empower young minds with knowledge about sound nutrition and the benefits of a vegan, plant-based diet. We aim to raise awareness about animal cruelty and emphasize how a plant-based lifestyle not only promotes human health but also protects our environment. We feel privileged to educate the next generation about compassion and mindful living. Through our workshops and educational programs in schools and colleges, we hope to inspire lasting change in attitudes toward animals, food, and the planet. By reaching diverse areas and communities, we aim to create a ripple effect of empathy and conscious choices among young people.



Through these outreach programs, students engage directly with the principles of empathy, compassion, and ethical responsibility. They explore values related to animal welfare, interact with companion animals, and discover the joys and benefits of delicious plant-based meals. These immersive experiences encourage critical thinking, foster a sense of respect for all living beings, and open the door for students to become compassionate leaders of tomorrow. By shaping young hearts and minds, we believe these programs will leave a lasting impact on both animals and humanity.

## Aim



To promote understanding among students of plant-based nutrition, increase sensitivity toward animal welfare issues, and emphasize the positive effects of vegan lifestyles on personal health and environmental sustainability.



## Educational Highlights

Balanced plant-based nutrition and the often-overlooked cruelty involved in animal-based food systems; the role of plant-based diets in preventing lifestyle-related diseases; and the environmental advantages of veganism, including lower deforestation rates, reduced water contamination, and decreased greenhouse gas emissions.



## Misconception Clarification

Common beliefs that animal-based foods are essential for proper nutrition were addressed by introducing balanced plant-based alternatives, demonstrated through the “Plate Method” to illustrate how nutritional needs can be met without animal products.



## Animal Welfare Awareness

The sessions included discussions on the “Five Freedoms of Animal Welfare” and the current state of animal welfare in Nepal. A documentary produced by Sneha’s Care, highlighting the inhumane transport of buffaloes, along with conversations on religious animal sacrifices, left a strong impact. These visual and informational presentations fostered empathy and encouraged participants to develop a compassionate outlook toward all animals.



## Question & Answer Session

Each session concluded with a Q&A segment, where students and school staff shared their feedback. The responses highlighted the program’s significance in promoting ethical awareness, particularly on animal welfare—a subject largely missing from the regular school curriculum.



# **Educating Tomorrow's Leaders on Animal Welfare**

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We had the heartwarming opportunity to visit Himalayan White House IB World School and interact with the bright and enthusiastic students of Class 2. The purpose of the visit was to introduce our organization, share our mission, and highlight the importance of animal welfare. Through age-appropriate stories, interactive activities, and thoughtful discussions, we aimed to instill values of empathy, kindness, and respect for animals in the students.



The children demonstrated curiosity, attentiveness, and thoughtful engagement, reflecting a genuine interest in understanding and caring for animals. We are grateful to Binu Ma'am for her warm welcome and seamless coordination, which made this meaningful exchange possible. This initiative underscores our commitment to educating the next generation and fostering a culture of compassion, love, and responsibility toward animals in Nepal.

# Vegan Bakery Training Program

## 2025

To promote plant-based alternatives within Nepal's food sector, Sneha's Care organized a Vegan Bakery Training at Utpala Café, Boudha. The program brought together 28 bakers and food professionals from across Kathmandu to build practical skills in vegan baking and the preparation of plant-based products.

Participants developed a range of cruelty-free offerings, including vegan cheesecake, nettle cake, banana chocolate cake, carrot cake, as well as dairy-free alternatives such as soy milk and soy yogurt. Through structured demonstrations, hands-on practice, and guided tastings, the training emphasized sustainable food systems, health-conscious choices, and ethical culinary practices, supporting the growing demand for plant-based options in Nepal's evolving food landscape.



# Launch of Nepal's First Vegan Dog Food



Sneha's Care remains committed to advancing veganism and advocating for systems that prevent animal suffering in all forms. Guided by a vision of a compassionate and inclusive world, the organization works to ensure that animals are protected, respected, and free from exploitation. This commitment extends beyond rescue and rehabilitation to long-term initiatives, including the development of a vegan sanctuary designed to provide a safe and humane environment for animals.

Marking a significant milestone in Nepal's animal welfare and ethical food landscape, Sneha's Care has formally entered into a Memorandum of Understanding (MoU) with Nimbus Nepal to introduce Nepal's first-ever vegan dog food. This partnership represents a pioneering step toward sustainable, cruelty-free nutrition for companion animals in the country.

Through this collaboration, Sneha's Care and Nimbus Nepal aim to promote ethical choices, reduce reliance on animal-based products, and contribute to a more compassionate and sustainable future for animals and communities alike.

# WELFARM PROJECT

Sneha's Care is tackling the rise in animal cruelty within Nepal's expanding dairy industry through the Wel-farm project. Many farms lack basic animal welfare standards, leading to cases of abandonment and suffering. This negligence not only harms the animals but also contributes to an increase in road accidents. With local authorities often overlooking welfare regulations, Sneha's Care intervenes to improve conditions and promote compassionate practices in the Nepalese dairy industry.

20  
25

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INITIATIVE BY  
SNEHA CARE  
FOR FARM  
ANIMAL  
WELFARE

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# Sneha's Care Demands Stronger Protections in Draft Animal Welfare Act

The discussion was organized by the Department of Livestock Services on the draft of the Animal Welfare Act. It was held with the participation of various stakeholders, including animal welfare professionals, government officials, and representatives from relevant organizations.

This gathering offered a valuable opportunity to explore the key areas covered by the act, highlighting its potential impact on animal welfare.

The stakeholders shared their reviews and offered necessary suggestions to make the act stronger and more implementable.



# Draft Animal Welfare Bill Moves Forward After Parliamentary Deliberation

A detailed discussion was held today with the Parliamentary Committee on Agriculture, Cooperatives, and Natural Resources regarding the provisions of the draft Animal Welfare Bill. The dialogue focused on the current state of animal welfare in Nepal, the critical importance of enacting an Animal Welfare Act, and the key provisions proposed in the draft legislation.

Members of the Committee engaged in a comprehensive and constructive exchange, expressing their commitment to advancing the draft bill with priority as it proceeds to clause-by-clause consideration. There was broad recognition that animal welfare is an urgent national concern, and a positive commitment was made to ensure these issues are prioritized within the legislation.



We extend our sincere gratitude to Honorable Chairperson Ms. Kusum Devi Thapa, former Minister Hon. Bhanu Bhakta Joshi, all respected Members of Parliament, senior legal experts, animal rights advocates, and all participants whose contributions made this discussion meaningful and impactful.

We remain confident that the Animal Welfare Act will be enacted and implemented in the near future, and that our ongoing advocacy will continue to advance the cause of animal welfare in Nepal.

# A NEW ERA FOR ANIMAL WELFARE BEGINS IN NEPAL



An interactive program on the current status of animal welfare in Nepal and the need and importance of animal welfare was held under the chief guestship of the Honorable Minister of Agriculture and Livestock Development, Shri Ramnath Adhikari. In the context of the urgent need for an Animal Welfare Act in Nepal, the incumbent Minister has expressed his commitment to promulgate the Animal Welfare Act, while the esteemed Mayor of Lalitpur Metropolitan City, Chiribabu Maharjan, has expressed his commitment to promulgate the local Animal Welfare Act from the winter or annual session after the promulgation of the Federal Animal Welfare Act. Sneha's Care expresses its heartfelt gratitude to the Honorable Ministers and Honorable Members of the House of Representatives, Mayor of Lalitpur Metropolitan City Chiribabu Maharjan, Coorganizer: Chairman and Former Secretary of Nepal Farmers Advisory Council Dr. Yogendra Kumar Karki, officials of the Ministry of Agriculture and Livestock Development and subordinate bodies, lawyers, animal welfare activists and media personnel present at the interaction program.

# Implementing Approved Dairy Animal Welfare Standards

Sneha's Care, in collaboration with the Directorate of Livestock and Fisheries Development, conducted a series of capacity-building programs across Bagmati, Madhesh, and Gandaki Provinces to strengthen the implementation of approved Dairy Animal Welfare Standards in commercial farms.

The initiative included both task force training for provincial officers and practical trainings for commercial dairy farmers, ensuring comprehensive understanding and effective execution of welfare standards. More than 70 large-scale commercial dairy farmers participated, receiving hands-on guidance on Good Husbandry Practices (GHP), proper animal handling, housing, feeding, health management, and integrating welfare principles into daily farm operations. In addition, 45 provincial officers underwent structured task force training focused on monitoring, evaluating, and enforcing dairy animal welfare standards at the provincial and field levels.

Field visits were conducted at local Gaushalas, including facilities housing both indigenous and international breeds, to assess real-time welfare conditions. While basic standards of care were observed, several opportunities were identified to further improve space management, hygiene practices, and routine health monitoring, helping align these facilities with provincial and national welfare expectations.

These programs reaffirm our commitment to strengthening the implementation of Dairy Animal Welfare Standards in Nepal by empowering both farmers and provincial task force teams with the knowledge and tools needed to ensure humane, responsible, and welfare-based dairy farming practices.



## Bagmati Province



## Gandaki Province

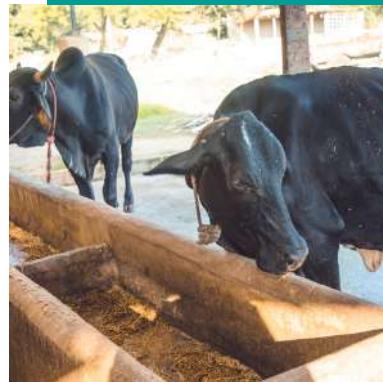


## Madhesh Province



# INVESTIGATING ANIMAL WELFARE STANDARD :

ON - GROUND ASSESSMENT AT  
SRI SITA RAM GAUSHALA, JANAKPURDHAM - 4





# Sneha's Care Leads Government to Monitor Live Animal Transport

On September 9, 2025, Department of Livestock Services and the National Livestock Resource Management and Promotion organized a meeting with an objective of humane treatment of animals during festivities.

In this meeting, Sneha's Care played a crucial role in advocating against the animal cruelty that can be witnessed during live animal transportation.

In addition, Sneha's Care has requested concerned authorities; Animal Quarantine and Traffic Police to monitor the vehicles whether the live animal transport standard has been properly followed or not.



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## FIELD INVESTIGATION FOR A CRUELTY-FREE FESTIVE SEASON

During the Dashain festive season, many animals are often transported under inhumane and unsafe conditions, resulting in injuries or even loss of life. To address this issue, our team conducted a field investigation to monitor animal transportation practices and ensure adherence to the Animal Welfare Transport Guidelines.

We visited multiple transport routes and checkpoints to assess how animals were being moved, raise awareness, and remind all stakeholders that compassion toward animals must not be neglected, even during festivals. This initiative emphasized that every life matters and that safe transportation is an essential component of animal welfare.

# INSPECTIONS ON LIVE ANIMAL TRANSPORTATION

PUTTING AN END TO SUFFERING ON THE ROAD

Unveiling the harsh reality of live animal transportation through powerful undercover investigations. Sneha's Care team tirelessly dedicated to this cause and has consistently worked to combat cruelty and spread awareness regarding this over and over again.

Our inspections revealed overcrowded trucks, thirsty, hungry, and injured animals—some on the brink of collapse. Now, with effective implementation of the Live Animal Transportation Standard, 2064, we're turning their journey from pain to protection.





Bloodless Gadhima



**In the shadow of celebration, animals are offered and silenced. Their lives, full of innocence, are stolen. Compassion asks us to honor life, not inflict pain, for no ritual should justify cruelty.**

# Hundreds of Thousands of Pigeons Saved at Gadhimai Temple



Despite the 2019 ban on pigeon sacrifices, many continue to bring pigeons and squabs to the temple. Recognizing that rescue alone was insufficient, we initiated the construction of pigeon houses to support their conservation and provide for their ongoing care.

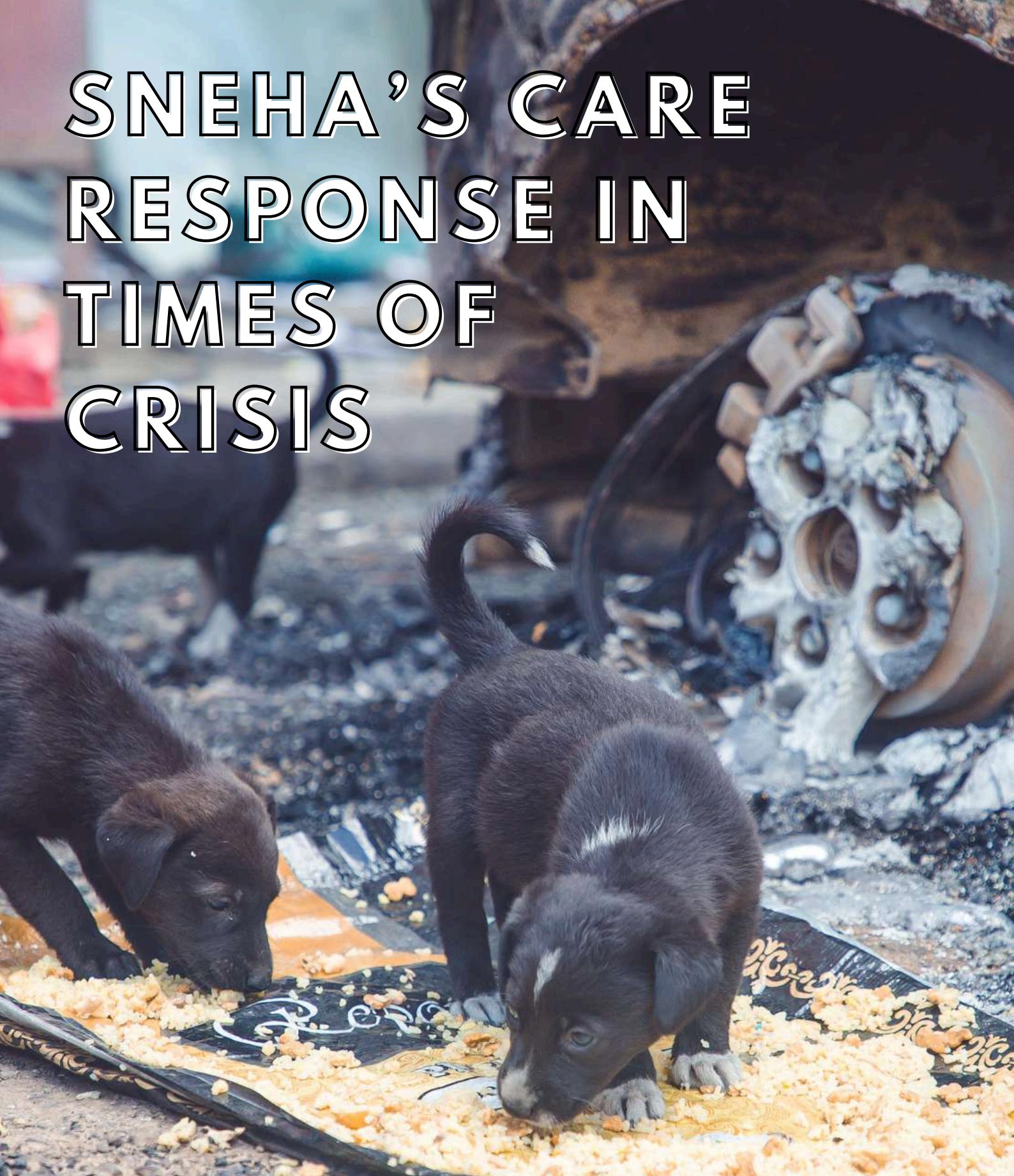




As part of our bloodless Gadhimai campaign, we aim to build compassion amongst the locals. These houses will provide accommodation for the squabs and pigeons, ensuring their well-being and fulfilling their basic needs. This conservation house is the symbol of compassionate shift away from animal cruelty. We want to extend our gratitude to Help Animals India, for their immense support in this pigeon house construction.



# SNEHA'S CARE RESPONSE IN TIMES OF CRISIS



Sneha's Care continued its commitment to safeguarding animals even during times of crisis. We were able to prevent suffering and support animals who would otherwise have been neglected. This initiative underscores our dedication to protecting animal welfare under all circumstances and highlights the importance of preparedness and compassionate intervention during emergencies.

# Emergency Care and Feeding During the Gen Z Protests



These efforts highlighted the urgent need for collective responsibility, as the recovery of affected animals depended not only on our team but also on the support of the broader community. Contributions through donations, feeding, shelter, adoption, or raising awareness played a vital role in alleviating their suffering. This experience reinforced our commitment to ensuring a safer and more compassionate environment for all living beings in Nepal, even during times of national unrest.

The recent Gen Z protests, while a hopeful step toward addressing corruption in our country, had severe unintended consequences for animals. During the unrest, government offices were damaged, shops closed, curfews emptied streets, and chaos disrupted daily life. Amid this turmoil, countless animals suffered. Many were injured, while others, who relied on shops, offices, and community support for food, were left hungry and traumatized.

Our team worked tirelessly to provide relief by feeding the hungry, rescuing displaced animals, and treating the injured.





# Advocacy and Awareness Initiatives

Campaigns and protests were organized to promote wildlife conservation and animal welfare, aiming to raise public awareness and encourage community action for the protection of animals and their habitats.



Makuna, a wild elephant known to roam the Sauraha area of Chitwan, was recently killed by a park security guard while attempts were being made to drive him away from human settlements. This incident highlights a pressing issue: as human expansion encroaches upon forested habitats, conflicts between wildlife and communities are becoming increasingly frequent. Makuna's death is not only a profound loss but also a stark reminder of the delicate balance between humans and nature.

In response, we held a protest at the Department of National Parks and Wildlife Conservation, urging the authorities to conduct a thorough investigation and implement more humane and effective conflict mitigation strategies. It is crucial to ensure that wild animals are not repeatedly sacrificed in the name of self-defense, and that measures are taken to protect both human and wildlife lives for the future.





# Awards and Recognition

## 2025

### 50 Influential Women Award 2025

We are proud to share that our founder, Ms. Sneha Shrestha, was honored with the prestigious 50 Influential Women Award in 2025. This recognition reflects her unwavering commitment to animal welfare and advocacy, as well as the collective efforts of everyone who has believed in our mission and supported our work over the years. We extend our sincere gratitude to OnlineKhabar for initiating this meaningful platform and for recognizing women who are making a positive impact in society. This honor strengthens our resolve to continue delivering compassion, care, and strong advocacy for animal rights, both now and in the future.





# GOLDEN STAR AWARD 2025 NOMINEE



This Certificate is Proudly Awarded to:

**SNEHA SHRESTHA**

Congratulations on your nomination for The WORLDWIDE VETS GOLDEN STAR AWARD, for significantly advancing welfare and serving as a champion for animals.

Dr Gemma Campling  
CEO Worldwide Vets

## Recognition of Our Founder: Golden Star Award 2025

We are proud to share that our founder, Sneha Shrestha, has been nominated for the Golden Star Award 2025 by Worldwide Vets. This nomination is a testament to her dedication and the collective efforts of everyone involved in our mission to protect and care for animals in need.

Every rescue, act of care, and life touched at our shelter represents progress in our ongoing journey. This recognition is shared with our volunteers, donors, and supporters whose unwavering commitment makes our work possible.

This honor inspires us to continue expanding our impact, helping more animals, and creating a kinder, more compassionate world for all living beings.

Following clues carefully and write a story. Use past tense.

the hare was too fast to run ... the tortoise ... the hare made a fin of him ... He wanted to have a race ... the tortoise agreed ... Next day ... the hare was sure that he will win the race. On the way to the race ... but the tortoise continued his race. When the hare woke up, the tortoise ... reach the destination. He ran but it was too ... The tortoise won the race ...

biography below and do the activities that follow.

you read a biography? Have you heard about Sneha Shrestha?

Sneha Shrestha is an Animal Activist, one of the loudest voices in Nepal. She is the founder of SNEHA CARE, whose sole purpose is to protect street and community dogs from torture, or ill-treatment of any kind. Sneha and her team provide professional medical care to injured, sick, and abandoned and other street animals in its animal shelter. Sneha care moves forward with the belief that in the actions of individuals, business, and government, no animals should be exploited.

before starting SNEHA CARE, Sneha was not fond of any animals, until she adopted a dog. She fell in love with their loyalty, kindness, and tenderness. She was disturbed by her beloved dogs when they came back from work. But one day, one of her dogs was bleeding and she came to find out that her dog was poisoned by a neighbor. She was devastated by this and even did 'karma karna' for the deceased dog.

Soon after Sneha started feeding street dogs wherever she went and came into notice of the dogs had injuries and desperately needed treatment. She then started paying a visit to a kennel to give dogs care and shelter. But within a month the kennel was full and she had to find a new place to house the dogs. She then took matters into her own hands and opened a shelter which is known today as SNEHA CARE.

Till date, SNEHA CARE has been providing treatments and shelter to injured dogs. She is funded by people within the country and outside as well. She is the one of the loudest frontline advocates not only in Nepal, but in the whole of Asia. She now not only is an advocate for animals but also for the environment.

**Answer these questions:**

- What is the purpose of the SNEHA CARE?
- What do Sneha and her team members provide to the injured and sick street dogs?
- Why was Sneha nominated as Youth icon of the year?
- What are kept in SNEHA CARE's shelter?

**Fill in the blanks using the correct words from the above biography.**

- Sneha Shrestha is an ...
- Sneha is a ... Sneha's Care.
- Sneha's Care is ..... by the people from Nepal and abroad.
- Sneha Shrestha strongly believes that no animal should be ...
- Sneha Shrestha does not advocate only for dog but, she also advocates ...

**C Match the words in column 'A' with their meanings in column 'B'.**

Column A	Column B
acknowledge	pain
campaigned	deserted, discarded
shelter	accept
abandoned	support
torture	right
advocacy	protection

**D Write 'T' for true and 'F' for false sentences.**

- Sneha Shrestha is the founder of SNEHA CARE.
- Sneha Shrestha liked animals before she founded SNEHA CARE.
- Sneha Shrestha started to love animals soon after she started to keep two puppies.
- Sneha Shrestha wants to raise voice in favor of voiceless animals.
- She advocates against animal cruelty.

92 English 93

# Our Better English for School

## Grade 7

SELEE Koselee Prakashan

Ramesh Maharjan  
Gyanu Lama  
Lekha Nath Khanal

## Featured in School Curriculum

We are proud to share that Sneha's Care and the inspiring journey of our founder, Ms. Sneha Shrestha, have been featured in the Grade 7 English textbook published by Koselee Prakashan, adapted from the works of Christine Stone. This inclusion is particularly meaningful as it incorporates thoughtful Q&A sections designed to help students reflect on our story, fostering values of kindness and compassion in their learning.

We extend our sincere gratitude to the authors Ramesh Maharjan, Gyanu Lama, and Lekha Nath Khanal for including us in this meaningful way. We also thank High New Vision Academy, Satungal for bringing this recognition to our attention. This acknowledgment reinforces our mission to educate and inspire the next generation about the importance of animal welfare and empathy.

# CHILDREN ARE THE FUTURE TO A MORE COMPASSIONATE WORLD



We are deeply grateful to PREMIER INTERNATIONAL IB CONTINUUM SCHOOL for recognizing and appreciating our work. It was a privilege to have the opportunity to share our message of compassion with their wonderful Grade 5 students. We are inspired by their curiosity, kindness, and enthusiasm for making a difference.

# PANEL OF JUDGE



## ECHOING THE VOICE OF ANIMAL WELFARE IN THE UNITED STATES

We are proud to share that our founder, Ms. Sneha Shrestha, was invited as a judge at the Miss Nepal North America Pageant 2025. During the event, she had the opportunity to speak about animal welfare, veganism, climate change and share messages of compassion and kindness with a global audience.

Her presence highlighted the importance of caring for animals and inspired both participants and viewers to take action in their own communities.

The event not only celebrated beauty and talent but also served as a stage to advocate for a more humane and compassionate world.



# **DOG FEST FILM SCREENING**

BY AADHAR WOSTI

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**SNEHA'S CARE X  
ROTARACT CLUB OF  
KATHMANDU**

We extend our sincere gratitude to Mr. Aadhar Wosti, the talented animator, and the team of the Rotaract Club of Kathmandu for this meaningful collaboration. The animated film "Kukur Tihar" offered a compelling blend of emotion and reality, telling a heartfelt story that celebrates the love and care animals deserve while highlighting the challenges they often face. The film served as a poignant reminder that while animals are celebrated on certain occasions, their welfare requires attention every day. Through initiatives like this, we can raise awareness and foster a culture of compassion toward animals.

We are grateful to have participated in the film screening and were inspired by the dedication, creativity, and talent involved in its production. We also thank all supporters who joined the event and contributed to its success. We look forward to continuing such collaborations in the future to advance animal welfare in Nepal.



20  
25

# Participation in the AVA Summit India

Sneha's Care was honored to participate in the Animal & Vegan Advocacy (AVA) Summit India 2025, a global gathering of passionate vegan and animal rights advocates. The summit provided an invaluable platform to learn from, connect with, and collaborate alongside changemakers dedicated to creating a kinder and more compassionate world for all living beings.



Through engaging discussions on effective advocacy and inspiring success stories from around the world, the summit reinforced the growing momentum for veganism and ethical treatment of animals. Our participation strengthened our commitment to advancing animal welfare, promoting veganism, and continuing our mission to build a world where animals are respected, protected, and free from suffering.

# ANNUAL SIGNATURE EVENTS

## 2025



Throughout the year, Sneha's Care actively organized and participated in a range of events aimed at promoting animal welfare, strengthening advocacy, raising public awareness, and building meaningful collaborations. These events included community outreach programs, policy dialogues, educational initiatives, emergency response activities, and national and international engagements.

Each event played a vital role in advancing our mission by amplifying the voices of animals, engaging diverse stakeholders, and fostering compassion and responsibility toward all living beings. Together, these initiatives reflect our continued commitment to creating lasting change through education, advocacy, and collective action.

# Vegan Festival

A Celebration of Plant-Based Living.

KATHMANDU VEG FEST



2025 | Utpala Café, Bouddha



The Sneha's Care organizing team, along with our founder, conducted an exclusive coordination meeting with vegan restaurants participating in Kathmandu Veg Fest 2025 at Vegan House, Thadodhunga, Lalitpur. The objective of the meeting was to curate a diverse and engaging experience for festival visitors by ensuring that each vendor showcased a unique specialty rather than repetitive menu offerings.

This collaborative approach aimed to provide equal visibility to all vendors, highlight a wide range of affordable and accessible vegan food options, and collectively promote veganism through variety and creativity. The meeting concluded with vendors jointly finalizing their menus, setting a strong foundation for a well-organized and vibrant festival.

## PRE-EVENT PREPARATION: VENDORS MEET

# Pre Event Food Sampling Session



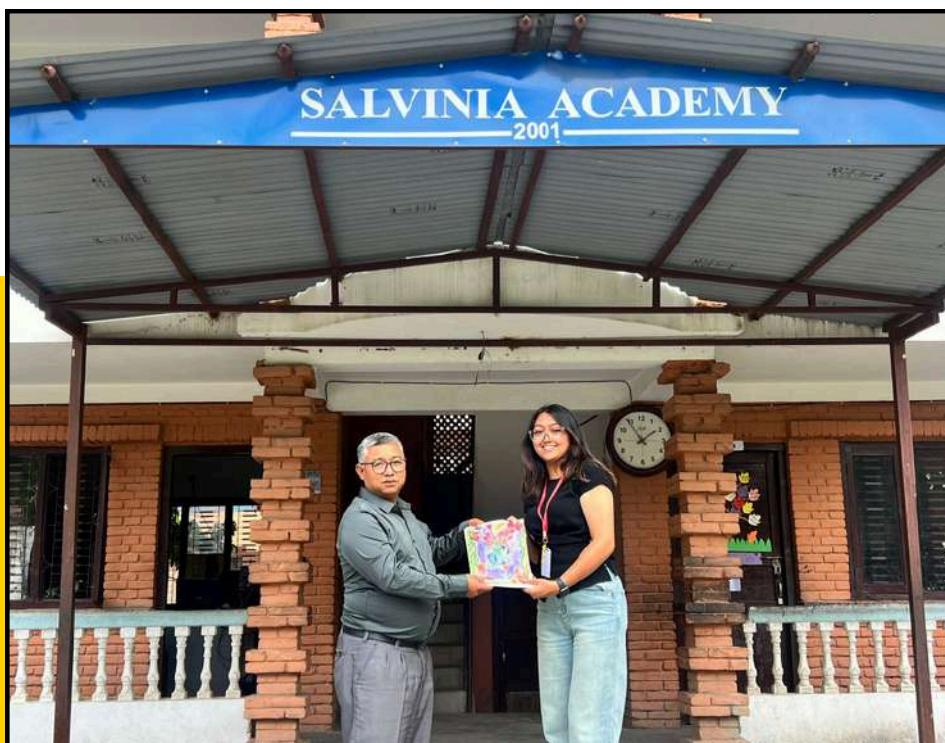
The core team of Sneha's Care conducted an exclusive vegan food tasting session at Utpala Café, Boudha as part of the preparations for Kathmandu Veg Fest 2025. The session focused on selecting high quality dishes to be offered as free tasting samples for festival visitors.

A wide range of innovative vegan dishes were sampled, and following careful evaluation, four crowd-pleasing items were selected to represent the diversity and appeal of vegan cuisine. This process ensured that the food samples would challenge common misconceptions about vegan food and encourage more people to explore accessible and enjoyable vegan options.

# Pre Event Preparation: School Outreach and Visits

As part of the preparations for Kathmandu Veg Fest 2025, Sneha's Care conducted school outreach to organize an Inter School Compassion Competition for students of Grades 6 to 9, featuring art, poetry, and best out of waste craft categories. The competition encouraged creative expression around empathy, kindness, and environmental awareness under the theme "Be Kind to All Kind."

We collaborated with five schools that share our vision of compassion and respect for all living beings: Shree Padhma Prakash Secondary School, Jugal School, Salvinia Academy, Bishnu Devi Shiksha Sadan Ma. Vi., and High New Vision Academy. This initiative added meaningful youth engagement to Kathmandu Veg Fest 2025.



# CRAFTING OUR TOKEN OF LOVE



# Kathmandu Veg Fest 2025

INSPIRING COMMUNITIES TO EMBRACE VEGAN CHOICES



On 26th July 2025, Sneha's Care successfully hosted the 5th Annual Kathmandu Veg Fest at Utpala Café, Boudha, under the inspiring theme:

"A Celebration of Kindness for Every Fur, Feather and Heartbeat."

Kathmandu Veg Fest 2025 brought the community together to celebrate veganism, compassion, and sustainability. The day featured engaging programs promoting the health, ethical, and environmental benefits of a vegan lifestyle.

The festival was inaugurated by Ms. Sneha Shrestha, Founder of Sneha's Care, and graced by Mayor Chiri Babu Maharjan, who praised Sneha's dedication to animal welfare and announced that the next festival will be hosted in Lalitpur. The event highlighted the importance of compassionate living, sustainable practices, and community action for animals, the environment, and public health.





We were honored to welcome a distinguished panel of special guests whose presence added immense value to the celebration. Among them were Dr. Ram Nandan Tiwari, Director General at the Ministry of Agriculture and Livestock Development; Dr. Braj Kishor, President of the Nepal Veterinary Council; Dr. Kedar Subedi, President of the Nepal Veterinary Association; Dr. Ramkumar Mandal, Registrar of the Nepal Veterinary Council; and Mr. Prakash Bhatta from the Social Welfare Council. Their participation highlighted the importance of compassionate living, animal welfare, and sustainable food systems, and reflected the growing recognition of vegan initiatives in creating a kinder and healthier future.



We had the pleasure of hearing from Mr. Deepak Bohara, Managing Director of Utpala Café, who shared his insights with great enthusiasm. He highlighted the steady growth of the vegan community in Nepal and emphasized the health benefits of a vegan lifestyle, as well as its role in reducing animal suffering.

During the month of Shrawan, Utpala Café offered an all-vegan buffet breakfast, making it easier for people to experience and enjoy vegan cuisine. Mr. Bohara also emphasized the café's commitment to proactive vegan advocacy, ensuring that delicious and accessible vegan options are always available.

Utpala Café has had a longstanding collaboration with Sneha's Care, fostering a positive relationship between the two organizations and inspiring the café to introduce additional vegan items to its regular menu.





This year also marked the introduction of a new tradition at Kathmandu Veg Fest – honoring one exceptional community hero who dedicates their life to caring for community animals. The first recipient of this recognition was Mr. Shyam Maharjan of Sanagaun, Lalitpur, whose tireless work providing shelter, medical care, and unconditional love to community dogs truly embodies the spirit of kindness that Kathmandu Veg Fest celebrates.



To inspire the younger generation, we also introduced Compassion Creative Projects in five schools where we had previously conducted compassion education programs. Students participated in poetry, art, and best-out-of-waste craft competitions under the theme "Be Kind to All Kind," showcasing their creativity and empathy for animals and the planet.

In the informal session, we were deeply honored by the presence of Honorable Deputy Prime Minister and Home Minister, Mr. Narayan Kaji Shrestha, who had also joined us as Chief Guest in the previous year. His continued support lent immense encouragement to our mission of promoting compassion and veganism.



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## Showcasing Young Talent and Community Performances

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We were proud to feature the winners of our Inter-School Poem Competition, who recited their heartfelt creations under the theme “Be Kind to All Kind.” Their words reflected the compassion and thoughtfulness of young minds and gave us hope for a kinder and more compassionate future.

The program also included a variety of group and solo performances from three participating schools, along with contributions from talented local artists. Their energy and artistry kept the community engaged and highlighted the creativity and passion of both youth and local talent.

With the support of Thrive, young voices were brought to the forefront, demonstrating the power of education, creativity, and advocacy in shaping a compassionate society.

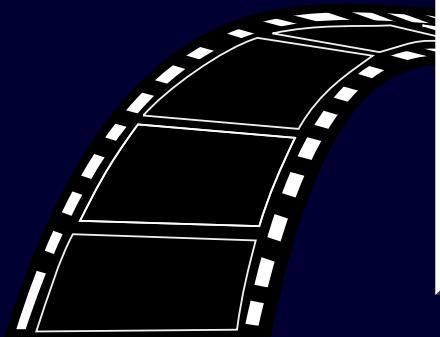
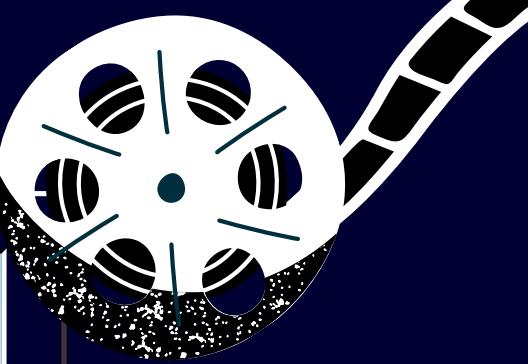
# STALLS & EXHIBITIONS



Kathmandu Veg Fest 2025 transformed Utpala Café into a vibrant space celebrating vegan food, ethical products, and compassionate causes. Over 30 vegan food stalls offered a wide variety of plant-based dishes, including vegan biryani, desserts, Newari khaja sets, seitan chowela, and other traditional Nepali foods in vegan versions—challenging the myth that vegan food is limited or bland. The festival also featured 45 eco-friendly and cruelty-free product stalls, showcasing organic foods, sustainable fashion, skincare, and home goods, supporting local ethical businesses and conscious consumer choices.

Additionally, 15 animal welfare, environmental, and advocacy organizations, including Sneha's Care, engaged visitors through awareness, education, and meaningful conversations—highlighting the collective effort needed to build a kinder, more sustainable Nepal.







*The “Best out of Waste” craft entry from Bishnudevi Siksha Sadan Ma. Vi. secured first place in the competition.*



*The “Best out of Waste” craft entry from Jugal School. secured second place in the competition.*



*The “Best out of Waste” craft entry from New High Vision Academy secured third place in the competition.*

# Be kind to all kind

The poor animals being captivated and running to survive for a mile  
If the something happened to humans  
They would surely case a file.

This world is filled with fake promises and lies  
Who will see the sadness and tears in their eyes?

How thoughtful of humans!  
Making animals skin into jackets and belt  
But aren't we smart enough to think about their life and health?

They are as same as us but can't express how they feel  
Human beings, the smartest creature still making those poor animals their meal.

If God provides them mouth to talk we will be in guilt and shock  
Everyone has different capacity and mind  
That;s why be kind to all kind.



Second place winner Ms. Kristina Thapa Magar from Jugal School receiving her award from the founder of Sneha's Care, Sneha Shrestha.

Third place winner Ms. Saurabi Parajuli from Jugal School receiving her award from the founder of Sneha's Care, Sneha Shrestha.



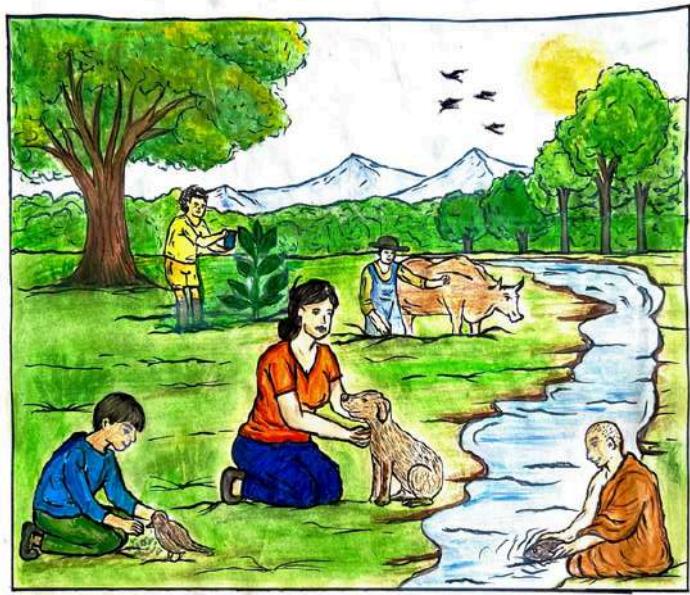
Compassion to all kind is what we need  
A heart full of love and passionate deed.

Welfare is a necessity  
not only for humans  
The Earth is common for all  
Equal rights for animals and plants.

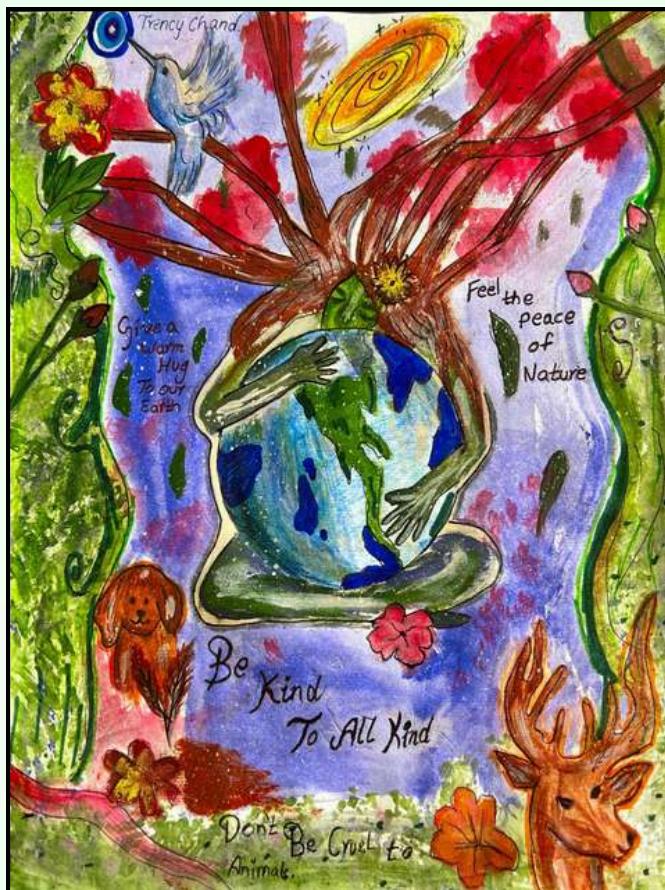
Veganism is not a sacrifice  
It's an impression on nature  
Animals are to be protected  
We should follow follow vegan culture.

Consideration should be there not only for human welfare

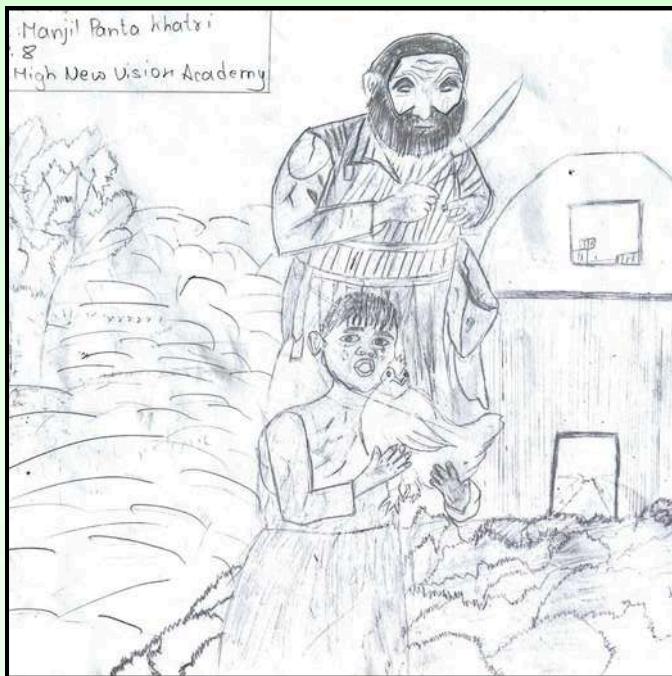
We must be considerate for animal welfare  
Why do we keep animals in such tight spaces?  
Where they are forced to eat, in the same place they expel feces.  
Animals are not for meat or fur  
Compassion is the greatest adoration to offer.



Token of Love being received by the representative from High New Vision Academy.



Token of Love being received by the representative from Bishnudevi Siksha Sadan Ma. Vi.



*Token of Love being received by the representative from High New Vision Academy.*



*Token of Love being received by the representative from High New Vision Academy.*

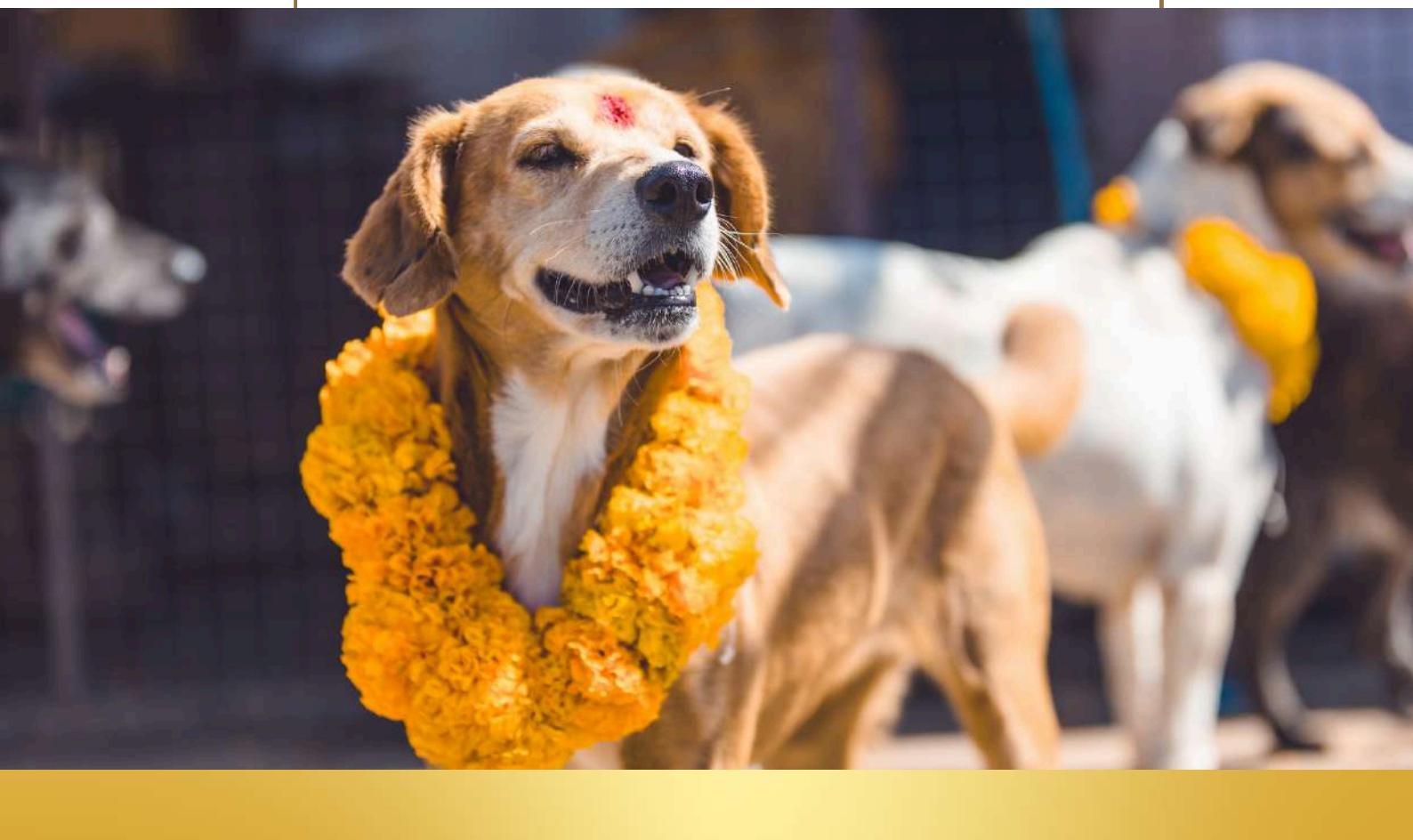


The photo backdrop featured the logos of the organizer, venue partner, sponsors, and participating brands and organizations.



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# KUKUR TIHAR



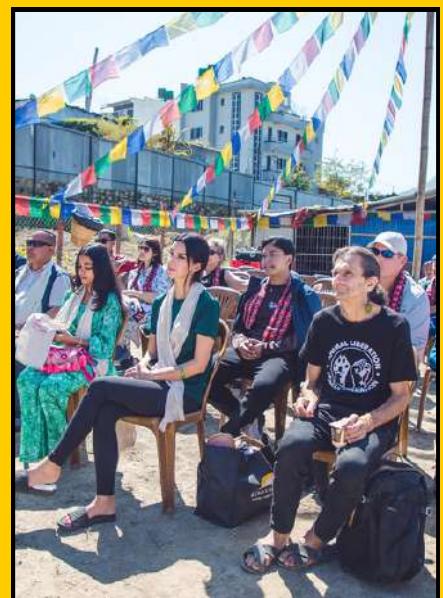
*Tradition Rooted in Kindness*

A day to honor dogs, their devotion, and their place in our hearts.

Kukur Tihar is a celebration of the love, loyalty, and devotion that dogs bring into our lives. It is a time to honor these faithful companions, recognizing their presence as a divine gift from Mother Nature and their role in our communities. At Sneha's Care, we celebrated this special day with joy and reverence by adorning every dog with marigold garlands and placing a red tika on their foreheads as a symbol of respect, faith, and gratitude. They were also treated to a delicious feast, ensuring that each tail wagged with happiness. Kukur Tihar reminds us to cherish, respect, and celebrate the unconditional love that our four-legged friends share with us every day.



We extend our heartfelt gratitude to our respected Mayor of Lalitpur Metropolitan City, Chiribabu Maharjan, Ward 18 Chairperson Damodar Pandey, Ward 21 Chairperson Rabindra Maharjan, and all the dedicated animal lovers who joined us in the celebration. Your presence and support added immense joy and warmth to the occasion, making the day truly memorable for all our furry friends and everyone at Sneha's Care.



# Behind the Scenes of Kukur Tihar



# GAI TIHAR

# 20 25

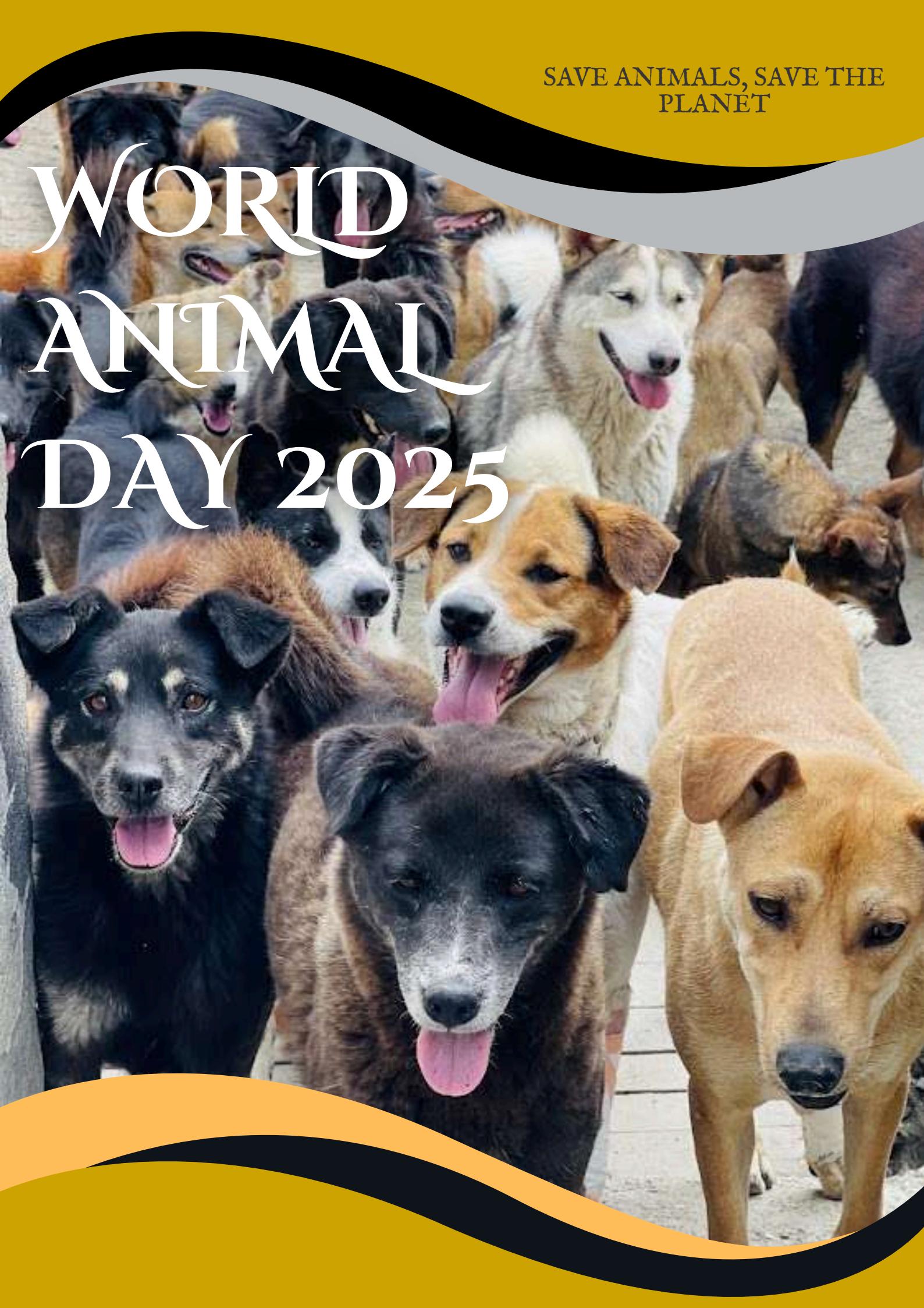




DURING THIS CELEBRATION, WE TOOK THE OPPORTUNITY TO WORSHIP AND HONOR EVERY ANIMAL RESIDING IN OUR SANCTUARY. WHILE GAI TIHAR TRADITIONALLY FOCUSES ON COWS, AT SNEHA'S CARE WE EXTEND THIS REVERENCE TO ALL ANIMALS UNDER OUR CARE, REINFORCING OUR COMMITMENT TO THEIR WELL-BEING AND DIGNITY.

A HEARTFELT THANK YOU TO KHANDO TERKHANG CHOEPHELLING FOR GENEROUSLY SPONSORING OUR GAI TIHAR CELEBRATION. YOUR SUPPORT HAS MADE THIS CELEBRATION POSSIBLE AND BROUGHT JOY TO ALL OUR ANIMALS.





SAVE ANIMALS, SAVE THE  
PLANET

# WORLD ANIMAL DAY 2025

# HEART FURR PAWS

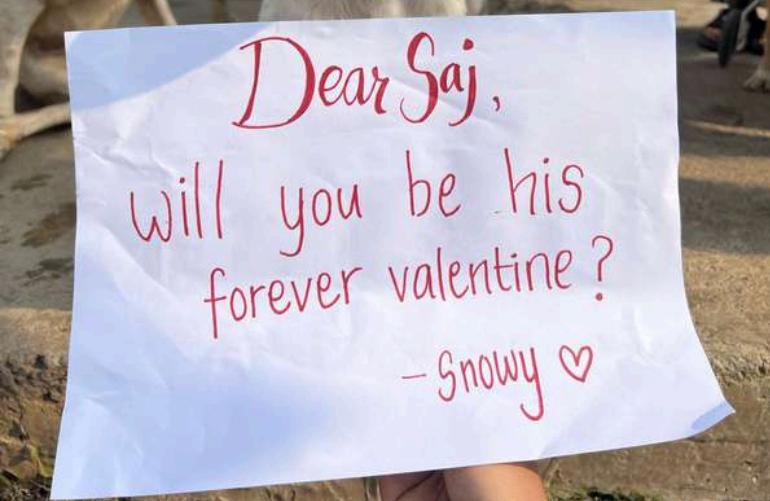
VALENTINE EDITION



This year, we chose to celebrate the month of love in a special way. We launched this campaign with the goal of spreading love and compassion, while also raising funds for the construction of our new sanctuary.

**FALL  
IN  
LOVE.**





We hope we were able to spread love and show people how love can change the world into a more kinder place for all.

# Rabies Awareness Month 2025

**"ACT NOW: YOU, ME, COMMUNITY,"**



September is globally observed as Rabies Awareness Month, a time to unite communities against one of the deadliest yet preventable diseases. This year's theme, **"Act Now: You, Me, Community,"** reminds us that rabies elimination is possible only when we all take responsibility.

In anticipation of World Rabies Day, Sneha's Care, in collaboration with Lalitpur Metropolitan City, launched a week-long Mass Anti-Rabies Vaccination Campaign across wards 12, 16, and 18. Hundreds of dogs were vaccinated, protecting not only their lives but also the health and safety of the entire community. Together, through awareness, action, and compassion, we move one step closer to a rabies-free future.

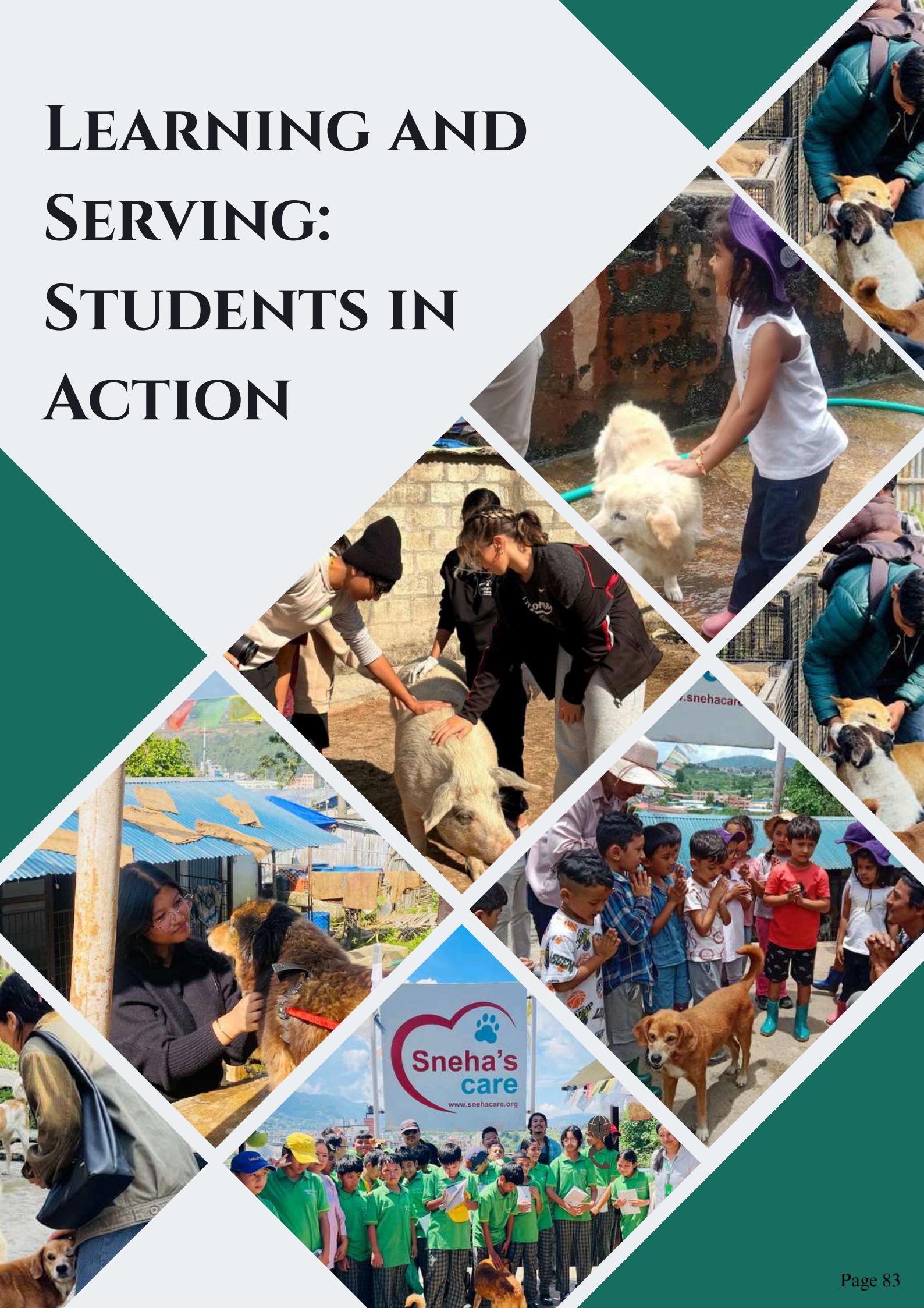
# COMMUNITY SERVICE INITIATIVE

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Sneha's Care actively engages college and club students through its Community Service programs, providing them with opportunities to learn about animal welfare while contributing to meaningful work at the shelter. These programs allow students to participate in hands-on activities such as feeding, cleaning, caring for rescued animals, and assisting with educational initiatives. Through this experience, students develop a deeper understanding of compassion, responsibility, and social service, while the shelter benefits from their energy, support, and fresh perspectives. Over the past year, numerous students have contributed their time and skills, helping Sneha's Care extend its mission of rescuing, rehabilitating, and providing safe homes for animals in need.



# LEARNING AND SERVING: STUDENTS IN ACTION







# A GLIMPSE OF OUR 2025 VISITORS AND SUPPORTERS

# Projection for 2026

Plant - based education session	300
Chef Training	10 Batches
End Animal Sacrifice Now	12 months
Advocacy against live animal transportation	50
Construction of Vegan Education and Research center	1
Vegan Festival	1
Spaying / Neuturing of community dogs and cats	5000
Anti Rabies Vaccination of community dogs and cats	10,000
Mobile treatment	1000+
Treatment of community animals in shelter	500+
New Animal Clinic	1
Animal Sanctuary	1
Yearly Animal Welfare Celebration	20

SEE YOU  
NEXT YEAR

