

Never work just for money or for power. They won't save your soul or help you sleep at night. Marian Wright Edelman

Processes followed for Discharge

Discharge is the process of allowing the in - patient to leave the centre when he/she is found to be medically fit.

Once the physician prescribes a discharge

1. Medical Officer must prepare the Discharge Summary.
2. Nurse must prepares bills based on the service delivery model
3. Social worker must Inform and coordinate with the family regarding the patient's discharge and request the primary care giver of the patient to come to the centre for the formalities of discharge
4. Nursing In charge must hand over the medications to the patient in the presence of the Social Worker/ Counsellor and the family member
5. Counsellor/social worker must explain the importance of consuming medicines and also explain the process and the right dosage to be consumed. Counsellor must also record the names of the medications in both Out patient card of the patient and the in -Patient register in the centre
6. Outreach Worker must work out a follow up plan with the involvement of the patient and in the presence of the counsellor/Social worker.
7. Counsellor /Social must worker refer the patient to District Link Networks
8. Counsellor must ensure that the Family members/friend/care giver and the patient are counselled on the following topics before the discharge:
 - a. Importance of Home Based Care
 - b. The significance of periodical follow up and follow up dates
 - c. Information about safer sex, risk reduction plan, reproductive choice, family planning etc
 - d. Prevention of HIV transmission strategies
 - e. Advantages of being a part of the support group meeting and attending the meetings regularly
 - f. Telephonic, Home Visit support of Outreach Workers

Note-

The patient is not discharged if the family member/ friend/care giver is not present at the time of discharge; this rule is flexible only in exceptional cases.

If the patient requests for discharge even before the Medical Officer prescribes it, a written undertaking that the centre is not responsible for any dire consequences that may occur on discharge is obtained from the patient.

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<u>Annexure 2: Discharge Checklist</u>		√
1	Bills of patients given	
2	Discharge Summary	
3	Follow Up plan is made	
4	Medications are provided	
5	OPD Card of the Tertiary Care Hospital is returned to him/her after noting down the number	
6	All belongings of the patients, test reports are returned	
7	The reports of the higher investigations e.g. CT Scan, MRI and X-ray reports of the patients are returned after procuring a Xerox of the same	
8	If a letter is required for initiation of ART or a RNTCP transfer or any other purpose it is given at the time of discharge.	
9	Ensure details of medicine consumption is explained	
10	Record the names of the medications in the OPD card and In-patient register	
11	Ensure a follow up plan is made	